

MOSS CLU8

APRIL NEWSLETTER



THIS MONTH...

Our South Florida MOSS Clubs, representing ten local schools, convened at *Evolution Yoga* for a day dedicated to Pilates and strategic planning. More than 30 students and advisors participated to enhance their mind-body connection. We focused our energy on engaging discussions and preparing for the upcoming school year. *Dominick Stokes* from **Resilient Minds** provided valuable insights into future programs.

STUDENT SPOTLIGHT



AMIRA ROBILLARD,
COCONUT CREEK HIGH SCHOOL

We applaud **Amira Robillard** (pictured right) for her exceptional work and leadership. She presented a thoughtful discussion on Emotional and Physical Safety, captivating her peers with her insights and compassion. Additionally, she spearheaded a schoolwide kindness initiative that fostered a culture of respect and connection. We recognize her commitment to enhancing and sustaining her **MOSS Club at Coconut Creek High School**, as well as the lasting impact it will have in the future.



MENTAL HEALTH FOCUS

At a recent **Youth Mental Health Summit** presented by *Broward County Schools* and *The Unbreakable Organization*, the **MSD MOSS Club** joined with the **MSD Love Out Loud Club** to lead a workshop and discussions around emotional awareness and coping skills.

JOURNAL FOR STUDENTS

We are thrilled to announce the launch of our **Mental Fitness** journals, created specifically for **Make Our Schools Safe** by *Stacey Steinbaum*, a licensed clinical social worker, and her daughter, *Mya Ryan*. This interactive journal is a valuable tool for students and will be essential to our programs. It is now available on Amazon.

UPCOMING EVENTS

- **Saturday, May 2:** Kids Safety Community Event in Wellington, Florida
- **Sunday, May 3:** ALL CLUB Zoom Meeting
- **Thursday, May 14:** Self-Defense Class hosted by JP Taravella High School in Coral Springs, Florida
- **Sunday, May 17:** MOSS College Ambassador Zoom Meeting

Questions? Email: allison@makeourschoolssafe.org

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